

第 4 問 (配点 12)

In English class, you are writing an essay on a topic related to lifestyle in modern society. This is your most recent draft. You are now working on improvements based on comments from your teacher.

Try a Slow Life	Comments
In modern society, people are always busy and this fast pace of living can be stressful. The movement toward a slow life has shown us that you don't have to be busy all the time. Instead, you can slow down and notice things that are truly meaningful to you. By taking your time and being completely focused on these things, you can improve the quality of your work and life. This essay will describe some ways to do this. One key point of the slow life is to own fewer belongings. This makes it easier to concentrate on everyday activities.⁽¹⁾ ^ Many people today tend to buy more than they can consume. Do you <i>really</i> need five pairs of the latest sneakers? Slow-lifers would recommend reducing possessions and buying only necessary items. Another recommendation is to think about your communication style and manner in your public and private life. Sadly, one study has found that around 90% of people check smartphones during face-to-face conversations, which may appear impolite and affect relationships negatively.⁽²⁾ ^	(1) Add an appropriate connecting word. (2) Add a concluding sentence to improve this paragraph.

The final aspect of slow living is to take 10 to 15 minutes to reflect on your day. Try to recollect people and events that were significant. By mentally highlighting them, you can find fulfillment in daily tasks.

In summary, through a slow life, ⁽³⁾you can relax. Even small changes can improve your life. Avoid having non-essential items, spend quality time with people around you, and ⁽⁴⁾remember what you talked about with your friends. By doing these things, you will have a chance to live a better and more rewarding life.

(3) The underlined part isn't your main argument. Rewrite it.

(4) The underlined part doesn't describe your essay content well. Change it.

Overall Comments:

You have really improved your essay. Keep working on it. I'm going to follow your suggestions to slow down and hopefully improve the quality of my life. 😊

問 1 Based on Comment (1), which is the best word to add?

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- ① However
- ② Moreover
- ③ Otherwise
- ④ Therefore

問 2 Based on Comment (2), which is the best sentence to add?

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- ① Limit the time you spend having conversations with people.
- ② Send messages with your phone just once or twice a day.
- ③ Try to focus your attention on the person you are talking with.
- ④ Use your phone to find real friends through social media.

問 3 Based on Comment (3), which is the best phrase to replace the underlined part?

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- ① you can be satisfied at work and in your personal life
- ② you can complete tasks in a short period of time
- ③ you can decrease stress by sharing work with others
- ④ you can focus on the outcome rather than the process

問 4 Based on Comment (4), which is the best phrase to replace the underlined part?

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- ① plan your daily activities as soon as you wake up
- ② recall the bad things that happened in your life
- ③ think back to the memorable parts of your day
- ④ throw away unwanted items before sleeping